

Home Safety Checklist



Take a walk
round your
home and think
about safety.



Kitchen

- ❑ Move items to the back of kitchen worktops.
- ❑ Ensure you use short leads for appliances such as kettles and toasters.
- ❑ Keep pan handles and hot items away from the surface edge – pans and irons stay hot after use.
- ❑ Lock away or store safely - knives, scissors, medicines, alcohol and cleaning products.



Family Room

- ❑ Tip: It's always helpful to get low down when looking around your home for safety, see it from your child's eyes.
- ❑ Keep hot drinks or food out of reach - overhanging tablecloths and runners can be pulled.
- ❑ TVs and fire guards should be firmly fixed in case of climbing.
- ❑ Small objects are choking hazards and small button batteries are very poisonous if swallowed - store them carefully away
- ❑ Tidy away toys so they aren't trip hazards.
- ❑ Don't overload electric sockets.
- ❑ Check if your plants are poisonous.
- ❑ Candles should be out of reach - make sure they are out before going to bed or leaving the house.
- ❑ Smoking or vaping items including lighters, matches or refills should be kept out of reach. Remember to take 7 steps out of the house when smoking to protect children from second hand smoke. Quit advice and support is available from Be Well, Thameside.



Bathroom

- ❑ Run cold water then top up with the hot to prevent scalds.
- ❑ Supervise children in the bath at all times, do you have a non-slip bath mat?
- ❑ Lock away or store safely - razors, scissors, clippers and tweezers, medicines and cleaning products.
- ❑ Change your baby's nappy on the floor to prevent falls from furniture.



Hall, stairs and landing

- ❑ Install a properly fitted safety gate at the top and bottom of the stairs – it's a good to install another for the bedroom.
- ❑ Do you have a working smoke alarm – check it regularly.
- ❑ Keep external doors locked to prevent children wandering outside.
- ❑ Add locks and catches to windows to stop them opening more than 6 cm.
- ❑ Keep stairs clear to prevent trips.



Garden

- ❑ Keep sheds with equipment and chemicals locked at all times.
- ❑ Cover or fill in ponds.
- ❑ Maintain and secure play equipment.
- ❑ Secure gates and fences and ensure no items are near them so they can't be climbed.
- ❑ Are you aware if you have plants that are poisonous?
- ❑ Create a shaded play space for the summer.



Bedroom



- ❑ Keep furniture away from windows to prevent climbing.
- ❑ Blind cords should be tied up out of reach – they are a choking hazard.
- ❑ Don't use pillows, duvets or cot bumpers for baby under a year. Mobiles with long strings are also a suffocation hazard.
- ❑ Supervise children carefully on a bed – falls off can give bad bumps.
- ❑ Hair straighteners and dryers can remain hot after use – ensure they are out of reach and stored safely.
- ❑ Lock away or store safely – cosmetics and medicines.
- ❑ Bunk beds – ensure safety bars are in place and ladders secure.



For basic first aid information visit the NHS website



For more child safety advice visit the Child Accident Prevention Trust



For help or advice about your baby, toddler or preschooler in Tameside visit Grow